Modern Exudate Management: A Review of Wound Treatment
R. White; Keith F. Cutting, 2006

Review Questions:
Submitted: Julia Rodrick OTR/L; CLT-LANA/WCC

Summary:

Effective wound care management requires a working knowledge of the healing cascade and the skills to effectively manage wound exudate to create the optimal moist environment for healing. This article offers considerations vital to support effective wound healing. It also reviews the characteristics of exudate fluid in both acute and chronic wounds. Volume, color and viscosity are discussed as valuable assessment clues as the plan of care is developed and executed. The authors also offer discussion for the management of exuding wounds, specific to dressing choices and the use of physical modalities.

Key Points:
- Develop an understanding of the underlying processes that lead to exudate production
- Provide basic indicators to identify various forms of exudate and the indications based on assessing volume, viscosity and color.
- Offer options in the selection of wound management based on the characteristics of the wound the needs of the patient.
- Explore alternative methods of exudate control beyond dressing selection.