



Candidate Requirements

Effective for candidates trained after January 1, 2022

- A copy of a current and unrestricted state or international professional license or registration as a Registered Nurse (RN), Occupational Therapist (OT), Certified Occupational Therapy Assistant (COTA), Physical Therapist (PT), Physical Therapist Assistant (PTA), Medical Doctor (MD), Doctor of Osteopathic Medicine (DO), Doctor of Chiropractic (DC), Massage Therapist (MT), or Certified Athletic Trainer (CAT/ATC). Massage Therapists who do not hold a current unrestricted state license or registration (or international equivalent) must be certified by the National Certification Board of Therapeutic Massage and Bodywork or provide documented evidence of having successfully completed a curriculum containing a minimum of 500 hours of soft tissue massage, from an accredited institute.
- Proof of successful completion of a LANA qualified instructional course in Complete Decongestive Therapy course work from no more than four consecutive or cumulative course from one training program.



**Candidate
Requirements**



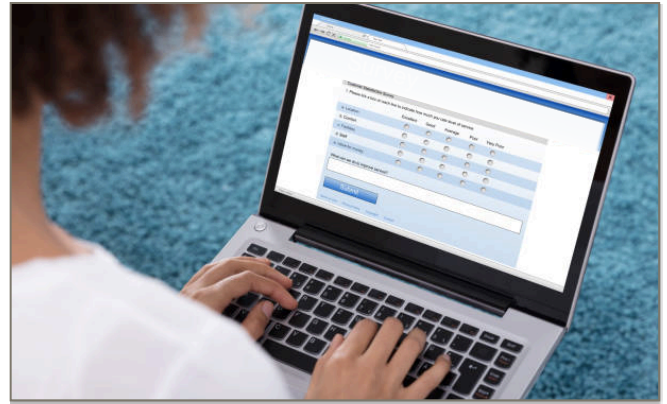
**Training
Program
Requirements**



**Assessment
Requirements**

Coursework Requirements

- 45 hours ($\frac{1}{3}$ of 135 hours) delivered: in-person or asynchronous remote or synchronous remote or a combination of in-person, asynchronous remote, and/or synchronous remote
- 90 hours ($\frac{2}{3}$ of 135 hours) delivered: in-person or synchronous remote or a combination of in-person and synchronous remote
- In-person assessment by the program director or program instructor of psychomotor skills **MUST** occur in the same physical space; remote assessment will **NOT** be accepted
- ALL required candidate submissions including: professional license, course certificate, transcripts (if applicable) and academic records with the originals, must be submitted in English only. Non-English document submissions must be translated to English and completed by a professional translation service and/or credential evaluation service (preferably, with NACES membership (<https://www.naces.org/>))



Assessment Requirements

1. Upper and lower extremity MLD including pathways and truncal rerouting
2. Upper and lower extremity bandaging
3. Case-based practical examination with the following criteria:
 - Student is expected to demonstrate their knowledge, skills, and abilities by critically reasoning through a medical case, followed by MLD and bandaging of that patient.
 - The completion certificate(s) must indicate that the student has successfully completed the training program AND passed the in-person assessment.

FOR MORE INFORMATION

- www.clt-lana.org
 - > [Candidate Information Booklet](#)
 - > [Instructional Methods](#)
- admin@clt-lana.org
- 773-756-89

