

Article review questions for: *Can Manual Treatment of Lymphedema Promote Metastasis?*

1. Foldi clearly asserts that complete decongestive therapy can be used in the treatments of malignant lymphedema to:
  - a. Advance ambulation distance
  - b. Increase UE reaching
  - c. Improve quality of life
  - d. Enhance ADL's
2. Lymphedema can occur when there is a disruption of the lymphatic system from:
  - a. Trauma
  - b. Suffering
  - c. Shock
3. When the lymphatic system has undergone ALND and radiation, without lymphedema, the patient is considered to be in what Stage?
  - a. Elephantiasis
  - b. Irreversible
  - c. Reversible
  - d. Sub-clinical
4. What objective finding is considered significant for the patient to be given the diagnosis of secondary lymphedema?
  - a. 2 cm or greater girth change of the affected limb
  - b. Pain > 2/10 of the affected limb
  - c. 2 or more lymph nodes removed of the affected limb
5. The International Society of Lymphology considers what treatment to be the standard of care for lymphedema?
  - a. Debulking surgery
  - b. Vasopneumatic compression devices
  - c. Complete Decongestive Therapy
  - d. Diuretics and diet
6. In most cases metastasis of cancer implies:
  - a. Inability to cure the disease
  - b. Continue further treatment
  - c. Disease process limited
7. In recent research it was determined that \_\_\_\_\_ is the critical aspect of cancer metastasis.
  - a. Host anatomy
  - b. Tumor biology
8. \_\_\_\_\_ is necessary for metastasis.
  - a. Optimal microenvironment
  - b. Optimal cancer cells
  - c. Optimal age
9. Cancer exists uniquely and what two conditions are needed for metabolism?
  - a. Vascularity and hormones
  - b. Immune and metabolism
  - c. Digestion and respiration